

## PARKLANDS BAR & ROOM SERVICE MENU

Tray charge £5.00 per room, per order

### DELI SANDWICHES

Choice of white or granary served  
with dressed salad & crisps

GRILLED CHICKEN cajun mayonnaise & gem lettuce (24) 710kcal	£8.00
PRAWN, MANGO & CHILLI lime mayonnaise (24) 661kcal	£8.50
EGG MAYONNAISE & WATERCRESS (V) (24) 708kcal	£6.00
HAM & TOMATO (24) 662kcal	£6.70
CHEDDAR & STICKY RED ONION (V) (24) 871kcal	£6.50

### COOKED SANDWICHES

CHEDDAR & ONION PANINI (V) 779kcal	£7.00
BBQ CHICKEN & CHEESE 728kcal	£8.50
FISH FINGER gem lettuce & tartar sauce 715kcal	£8.50
<b>CLUB SANDWICH</b>	
GRILLED CHICKEN & BACON egg mayonnaise, gem lettuce, tomato 743kcal	£9.50

### 12.5" STONE BAKED PIZZA

CHICKEN, RED ONION CHUTNEY & BLUE CHEESE (24) 1313kcal	£13.00	MARGHERITA, TOMATO BASE & FRESH BASIL (24) 1508kcal	£11.00
SPICED GROUND BEEF, PEPPERONI, TOMATO SAUCE & JALAPEÑOS (24) 1663kcal	£13.00	WOODLAND MUSHROOM, GOATS' CHEESE, TOMATO SAUCE & THYME (V) (24) 1543kcal	£13.00

### MAINS

BEER BATTERED FISH & CHIPS, chunky chips, mushy peas & tartar sauce 1221kcal	£14.00
GRILLED RIBEYE STEAK, slow cooked tomato, field mushroom, chunky chips & watercress 1080kcal	£26.50
RACK OF BBQ PORK RIBS, coleslaw & French fries 1133kcal	£14.50
SIGNATURE BURGER, Monterey jack cheese, smoked bacon, lettuce, tomato, sticky red onion, skinny fries 1332kcal	£14.50
GARDEN BURGER, houmous, tomato, red onion, gem lettuce, skinny fries 779kcal	£11.50

### HOUSE SALAD

PARKLANDS HOUSE SALAD Edamame beans, broccoli, spinach & roasted peppers, toasted almonds (VG) 401kcal	£10.50
CHOICE OF DRESSINGS	
Honey & mustard 167kcal	
Chilli, soy & lemongrass 73kcal	
Balsamic 113kcal	
ADD GRILLED CHICKEN 232kcal	£5.50
ADD GRILLED SALMON 196kcal	£6.50
ADD GRILLED HALLOUMI (V) 413kcal	£6.00
ADD PRAWNS 77kcal	£6.00

### SIDES & SAUCES

SEASONAL VEGETABLES (VG) 42kcal	CHUNKY CHIPS (VG) 1057kcal	FRENCH FRIES (VG) 878kcal
BEER BATTERED ONION RINGS (V) 503kcal	MIXED SALAD (VG) 71kcal	£3.50 PER SIDE
PEPPERCORN 517kcal	BLUE CHEESE 399kcal	CHIMICHURRI 97kcal
		£3.50 PER SAUCE

### FOOD ALLERGIES & INTOLERANCES

Before you order your food & drinks please speak to one of our managers if you would like to know about our ingredients; we cannot guarantee that any food or beverage item sold is free from traces of allergens.

Our team of chefs are happy to cater for dietary requirements on request

(V) SUITABLE FOR VEGETARIANS

(VG) SUITABLE FOR VEGANS

Subject to change and availability.